



Professor Markolf Hanefeld

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Professor Markolf Hanefeld is Director of the Centre for Clinical Studies at the Technical University in Dresden, Germany. In 1981 he published the first comprehensive concept of the metabolic syndrome based on 10 years investigation of the Dresden Medical School. In the last 15 years his research was focused on importance of postprandial glucose regulation for development of atherosclerotic vascular disease and type 2 diabetes, starting with the diabetes intervention Study (DIS), the RIAD Study up to STOP-NIDDM trial in people with IGT. Prof. Hanefeld is a member of the steering committees of STOP-NIDDM, DREAM, RECORD and ORIGIN. He was the founder of the Saxonian model of education and care for diabetes and of the Saxony-Thuringia Expert Forum for Diabetes and Metabolic Diseases. In 1996, he was elected the President of the German Atherosclerosis Research Society. In the same year he became a Visiting Professor of the Private University in Buenos Aires, and was recently pronounced an Honorary Professor of the University of Havana, Cuba. He is a member of numerous national and international advisory boards for the prevention of diabetes and its complications. Professor Hanefeld has been active in research throughout his career, with interests including internal medicine, metabolism, diabetology and endocrinology. He has published 12 monographs and more than 400 original articles in scientific journals on diabetes, lipoprotein disorders, atherosclerosis research and the metabolic syndrome. Prof. Hanefeld is the winner of the W. Schönheimer Award of the German atherosclerosis Research Society and of the Paul Langerhans Award 2007 of the German Diabetes Society.